

# Orlando Stoics Announces New Goals for 2025

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(ORLANDO)—Orlando Stoics announced their goals and agenda for 2025 this week, including additional classes, discussion groups, and community engagement around the Orlando area.

"We're getting ready to celebrate our ten-year anniversary in 2025, and we have steadily grown over the last several years," said StoicDan, the organizer of Orlando Stoics. "So it only made sense that we add some more programming as we add new volunteers to our leadership team and get more involved with community organizations."

Some of the new additions include:

- Four months after introducing a Wednesday night Spanish-language discussion class, they added a Sunday evening Spanish-language class as well.
- The regular Monday night classes will focus on a variety of topics, like the philosophy of Sherlock Holmes and linking physics to philosophy.
- The Friday night discussions will soon begin discussing the Book of Ecclesiastes after completing "*Lives of the Stoics*" by Ryan Holiday.
- The Saturday program is being rebranded as "Lunch with a Stoic." The group will continue to meet in Altamonte Springs.
- And the Sunday morning program offers new dialogues between StoicDan and our resident experts: a psychologist, a historian, a philosopher, and a behavioral mental health counselor.

The group also attended events in January for the Martin Luther King, Jr. birthday celebration for the City of Orlando and Orange County.

In the coming months, the group will attend "Common Read" events offered by the Peace and Justice Institute (PJI). The chosen book is "*Together*" by Vivek H. Murthy, MD. The book discusses loneliness in modern society and how human connection adds meaning to our lives.

StoicDan is also a supporter of Central Florida interfaith events via Mayor Jerry Demings' interfaith council (Orange County, FL) and Mayor Buddy Dyer's Council of Clergy (Orlando).

Finally, StoicDan is forming partnerships that share Orlando Stoics programs with other groups, both around USA and elsewhere in the world. Recently, members of the Atlanta Nietzsche discussion group and an Australian philosophy discussion group attended our meetings.

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## About Orlando Stoics:

The Orlando Stoics is a philosophical discussion group that originated in April 2015 and is the third-largest Stoic discussion group in North America after Toronto and NYC. It hosts six weekly meetings, both online and in-person, uniting participants from the United States, United Kingdom,

Australia, Thailand, and Nepal. The group examines Stoic principles and their intersectionality with diverse philosophical frameworks. All programming is free and open to the public.