

Orlando Stoics Starts Spanish-Language Group

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(ORLANDO)—After nine years of building a Stoicism community in Central Florida, Orlando Stoics is launching a meeting series for Spanish speakers. The group will meet via Zoom every Wednesday at 7:00 p.m. Eastern time, starting this week on September 4, 2024.

"Since Orlando Stoics is an international group, we're promoting our new Spanish-language classes primarily on the US East Coast and South America," said StoicDan, organizer of the Orlando Stoics.

The Wednesday meetings will be hosted by Jorge Hernandez, and the meetings will be conducted 100% in Spanish. Each meeting is 90 minutes long and runs from 7:00 p.m. to 8:30 p.m. The meetings are free and open to the public. Attendees can participate or just listen. All meetings will start with an introduction and/or dialogue on the meeting's topic, followed by a Q&A session.

The topic of the first meeting is Marcus Aurelius' *Meditations*, which was written in the last decade of the Roman emperor's life. The book's wisdom is timeless, helping people handle anger, stress, and unexpected events in the modern age. Plus, it was written in a friendly style, although it was never meant for the public. Marcus Aurelius' goal was self-improvement, directing his moral compass, and living in harmony with others.

"The Modern Stoicism movement has grown around the world, and since Orlando is already a multicultural and multilingual city, with a lot of Hispanic influences, it makes sense that we make Stoicism accessible for more people," said StoicDan.

He continued, "Our philosophy discussion group offers a judgment-free space that allows people to attend at whatever level is comfortable for them. This builds trust, but in addition, this new chapter adds accessibility, so Stoicism and related topics are available to the Spanish-speaking community."

Orlando Stoics is looking for a local company or a national company that wants to sponsor and support the Spanish-speaking community in its philosophical pursuits.

For more information about the Orlando Stoics and their upcoming events, visit the website <http://www.orlandostoics.com> or their Meetup page <https://www.meetup.com/orlando-stoics>

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About Orlando Stoics:

The Orlando Stoics is a philosophical discussion group that originated in 2015. It hosts five weekly meetings, both online and in-person, uniting participants from the United States, United Kingdom, Australia, Thailand, and Nepal. The group focuses on the examination of Stoic principles and their intersectionality with diverse philosophical frameworks.