

StoicDan Joins Board of International Stoic Fellowship

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(ORLANDO)—StoicDan, the organizer of Orlando Stoics, was appointed to the Board of Directors for the International Stoic Fellowship in February. He begins serving on the board this month.

"I'm very honored with this appointment," said StoicDan. "I've volunteered at the Stoic Fellowship over the last several years helping create new groups in the Southeast USA."

The International Stoic Fellowship has helped grow hundreds of Stoic philosophy groups around the world. Their aim is to provide "...access to a living and vibrant Stoic community that contributes positively to a peaceful, healthy, and sustainable world."

StoicDan has helped grow Stoic groups in Orlando, Tampa, and Daytona Beach. He has also advised the Stoics of the Midwest, Atlanta Stoicism, Copenhagen Stoics, and Stoics of the Himalayas. He has also produced the annual Stoicon-X Orlando event from 2020 to the present day, which is the official regional conference for the Southeast USA.

"A couple years back, StoicDan helped us build community by visiting meetings of Stoics of the Himalayas. We held meetings on the audio platform 'Clubhouse,' and Dan would give short speeches on Stoicism and how it links to similar concepts in Buddhism," said Pankaj Pradhananga in Kathmandu, Nepal. "This led to very engaging conversations. Our group also asked questions about how to improve mental toughness, and how to embrace more acceptance and humility in their lives."

StoicDan has also started other philosophy groups including the Emerson & Thoreau Discussion Group, Modern Buddhism, Modern Minimalism, and he co-organized Socrates Cafe of Tampa.

Stoicism is an ancient tradition: Zeno of Citium created the first school of Stoicism around 300 BC in Greece. As the movement grew, Stoicism became a positive influence on Roman culture, and this included philosophers Seneca the Younger and Epictetus.

Another notable Stoic was Marcus Aurelius, who wrote "Meditations" (his personal diary), which is popular among young adults in modern society. It passes down wisdom to help people take practical steps to build resilience today.

StoicDan currently runs the Orlando Stoics group, which meets four times per week, three virtually and one live and in-person every other Saturday.

For more information about the Orlando Stoics and their upcoming events, visit the website (<http://www.orlandostoics.com>) or their Meetup page (<https://www.meetup.com/orlando-stoics>).

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About Orlando Stoics:

The Orlando Stoics is a philosophical discussion group that originated in 2015. It hosts four weekly meetings both online and in-person, uniting participants from the USA, United Kingdom, Australia, and Nepal. The group focuses on the examination of Stoic principles and their intersectionality with diverse philosophical frameworks.