

Author and Modern Philosopher Dr. Margaret Graver to Speak at Orlando Stoics

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(ORLANDO)—The Orlando Stoics, a Central Florida philosophy discussion group, will host the author and modern philosopher [Dr. Margaret Graver](#) at their Friday night book club on February 23 at 7:00 PM EST over Zoom.

Graver is a professor of Philosophy at Dartmouth University and is the author of the book [Stoicism and Emotion](#), which the Orlando Stoics have been discussing since December 2023. Her book gives readers tips on how to handle their emotions in a modern world.

"Professor Graver is an accomplished scholar with several books to her name," said StoicDan, the organizer of Orlando Stoics. "She has studied ancient texts and interpreted them for the modern world, so it's a real treat to have her join us in Orlando."

Stoicism is a philosophy that teaches us how to handle difficult people and events, how to avoid anger and worry, and how to use moderation in all aspects of our lives. The Orlando Stoics meet four times a week to discuss how Stoic practice can lead to a meaningful and fulfilling life.

"We have open-minded, respectful conversations about Stoicism and other schools of philosophy, plus psychology, science, and culture," said StoicDan. "The underpinnings of our group are civil discourse, critical thinking, and bringing people together in common ground issues."

Other scholars who have appeared at Orlando Stoics are John Sellars (UK), Donald Robertson (Scotland), Massimo Pigliucci (USA), William O. Stephens (USA), and Ward Farnsworth (USA).

The book club meets every Friday via Zoom, and the event is free and open to the public. Other events include discussions of *Meditations* by Marcus Aurelius, *The Discourses* by Epictetus, and *Letters from a Stoic* by Seneca. The group also enjoys special events like fieldtrips and poetry slams.

For more information or to RSVP for this event, [visit the event Meetup page](#).

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About Orlando Stoics

Orlando Stoics has been in existence since April 2015 and meets four times per week over a variety of topics, books, and educational programs. There are nearly 2,800 members, and they have held more than 1,170 events in the past 8+ years. The group also hosts Stoicon-X Orlando, a convention for the Southeast USA, and they participate in the international Stoicon every year. For more information, visit the [Orlando Stoics page on Meetup](#).